

BOSWELL DANCE ACADEMY ~ PROGRAM INFORMATION

Classical Ballet Programs

BDA offers ballet classes for all ages, from pre-school children up to adults as well. The curriculum of Pre-Primary to Advanced 2 is that of the Royal Academy of Dance, which is the world's largest examining and training organization for classical ballet in the world. Children moving into the Grade 1 Examination Level at BDA are usually turning 7-8 yrs old in the year of exam. This is the beginning of a more structured and disciplined approach to ballet which culminates in the rewarding experience of a formal exam and receiving a well deserved earned certificate, medal and report. The Vocational Syllabus is the continuation of higher training...the exams are designed to maintain a high standard of dance excellence and training to students wishing to study seriously, with a possible view to a career in the dance industry.

Tutu Tots – for ages 2 – 3
Pre-Primary- for ages 4 – 5
Primary – for ages 6 – 7
Grade 1 – for ages 7 – 8
Grade 2 – for ages 8 – 10
Grade 3 – for ages 9 – 11

Grade 4 – for ages 10 – 12
Grade 5 – for ages 11 – 13
Pre Teen or Teen Ballet – for ages 9-12, 13+
Intermediate Foundation – for ages 12 & up
Intermediate – for ages 13 & up
Advanced Grades – for ages 14 & up

Jazz, Lyrical & Hip Hop Programs

Our Jazz technique is standardized Jazz which consists of stylized movements with a strong base from ballet technique. Ballet training is highly beneficial to Jazz & Lyrical for technique, fluidity and center control. Our Hip Hop is based on ever changing street styles which are influenced by the evolution of hip hop music and its media popularity.

PRE Jazz & Hip Hop– for age 4 – 5
JUNIOR – Jazz or Hip Hop - for ages 8 –10
TEEN Jazz, Lyrical or Hip Hop – for ages 14 & up

MINI Jazz & Hip Hop – for ages 6 – 8
PRE-TEEN Jazz or Hip Hop – for ages 10 – 13

Tap Programs

Our Tap program students learn various tap technique & step combinations in our classes.

MINI Tap – for ages 5 – 7 JR. Tap –ages 8 – 11 INT-ADV Tap – experienced, ages 11+

Stage & Musical Theatre Programs

Our Stage & Musical Theatre program is based mainly on dance, mime/acting and involve both lip sync or singing. Students learn dance combinations, improvisation and acting exercises.

Modern/Contemporary Programs

Our Modern/Contemporary program is based on ballet technique, incorporating natural and exploratory movement. Students do dance combinations and improvisation exercises.

Acro Dance Programs

Our Acro program incorporates acrobatics, gymnastics and hand-balancing techniques with dance. Students work on acro skills, strength conditioning, increased stretching in our classes.

Acro Dance 1 – elementary basics ages 6+ Acro Dance 2 – experienced, inter-adv ages 10+

* Please note that the ages shown here are a general depiction of the average or current ages enrolled, correct class placement based on technical ability is our priority, regardless of age. Students are placed based on skill level therefore students may be placed in the same level for a couple of years before moving up or new students may start with a slightly younger group. Please keep in mind that students are always learning new skills and technique in every class as these dance forms are constantly evolving. It is our goal as teachers to help students excel and progress at the best level for improvement and achievement.

**Beyond these levels are our Competitive Level Programs which are the JUNIOR, INTER & SR. COMPANY classes, which require higher skill level, and more time commitment and training. Selected entrants must meet certain eligibility criteria each season to join into these programs.