

BOSWELL DANCE ACADEMY ~ PROGRAM INFORMATION

Classical Ballet Programs

BDA offers ballet classes for all ages, from Pre-school children 3+, up to adults as well. The curriculum of Pre-Primary to Advanced 2 is that of the Royal Academy of Dance, which is the world's largest examining and training organization for classical ballet in the world. Children moving into the Grade 1 Examination Level at BDA are usually turning 7-8 yrs old in the year of exam. This is the beginning of a more structured and disciplined approach to ballet which culminates in the rewarding experience of a formal exam and receiving a well deserved earned certificate, medal and report. The Vocational Syllabus is the continuation of higher training...the exams are designed to maintain a high standard of dance excellence and training to students wishing to study seriously, with a possible view to a career in the dance industry.

Online Pre Ballet – for age 3 – 4.5	Grade 4 – for ages 10 - 12
Online Pre-Primary- for age 5-6/Kindergarten	Grade 5 – for ages 11 – 13
Primary – for ages 6 – 7	Teen Ballet – for ages 13 & up
Grade 1 – for ages 7 – 8	Intermediate Foundation – for ages 12 & up
Grade 2 – for ages 8 – 10	Intermediate – for ages 13 & up
Grade 3 – for ages 9 – 11	Advanced Grades – for ages 14 & up

Jazz, Lyrical & Hip Hop Programs

Our Jazz technique is standardized Jazz which consists of stylized movements with a strong base from ballet technique. Ballet training is highly beneficial to Jazz & Lyrical for technique, fluidity and center control. Our Hip Hop is based on ever changing street styles which are influenced by the evolution of hip hop music and its media popularity.

MINI Jazz & Hip Hop – for ages 6 – 8	PRE-TEEN Jazz & Hip Hop – for ages 10 – 13
JUNIOR Jazz & Hip Hop – for ages 8 – 10	TEEN Jazz & Hip Hop – for ages 13 & up

Tap Programs

Our Tap program students learn various tap technique & step combinations in our classes.

TINY Tap – for ages 4 – 5	JUNIOR Tap – for ages 8 – 10
MINI Tap – for ages 6 – 8	PRE-TEEN Tap – for ages 10 – 13

Stage & Musical Theatre Programs

Our Stage & Musical Theatre program is based mainly on dance, mime/acting and involve both lip sync or singing. Students learn dance combinations, improvisation and acting exercises.

MINI & JR Stage – for ages 6 – 10
INTER & TEEN Stage – for ages 11+

Modern/Contemporary Programs

Our Modern/Contemporary program is based on ballet technique, incorporating natural and exploratory movement. Students do dance combinations and improvisation exercises.

INTER & TEEN Contemporary Modern – for ages 11+

Acro Dance Programs

Our Acro program incorporates acrobatics, gymnastics and hand-balancing techniques with dance. Students work on acro skills, strength conditioning, increased stretching in our classes.

Acro Dance 1 – for ages 6 – 10 Acro Dance 2 – for ages 10 & up

* Please note that the ages shown here are a general depiction of the average or current ages enrolled, correct class placement based on technical ability is our priority, regardless of age. Students are placed based on skill level therefore students may be placed in the same level for a couple of years before moving up or new students may start with a slightly younger group. Please keep in mind that students are always learning new skills and technique in every class as these dance forms are constantly evolving. It is our goal as teachers to help students excel and progress at the best level for improvement and achievement.

**Beyond these levels are our Competitive Level Programs which are the JUNIOR, INTER & SR. COMPANY classes, which require higher skill level and more time commitment. Selected entrants must meet certain eligibility criteria each season to join into these programs.